

Fidelity of Implementation

Say It Straight trainers attend an Intensive Training of Trainers Workshop (3-4 days depending on number of attendees) prior to conducting Say It Straight training in various settings. At the Workshop attendees receive a detailed step-by-step Trainer Manual, samples of five age appropriate workbooks/journals, posters used in the training and samples of appropriate questionnaires (objective and subjective) used to evaluate effectiveness of the training in different settings, parental consent forms and a unit plan. The manual is a step-by-step guide for the training and also covers preparation to do the training in different settings (schools, organizations, communities, treatment) and with different age groups. Information needed by administrators, teachers, counselors, etc. is also covered.

1. The Training of Trainers Workshop has supervised practice sessions in which participants practice how they will deliver the training in their settings.
2. Each participant receives a step-by-step Trainer Manual and sample workbooks used with the population(s) they will be training and posters used in the training. They learn how to use these resources during the workshop.
3. The workbooks/journals provide a cognitive component to the experiential training and also assist the trainer to cover all the necessary material that is part of Say It Straight Training.
4. Objective questionnaires are administered before and after Say It Straight Training to assess the effectiveness of a Trainer's training using statistical analysis. The trainers review the questionnaires during the training workshop and receive a written protocol on how to administer the questionnaires.
5. A subjective questionnaire is administered after the training to give participants the opportunity to state in their own words what they learned, what was most important, least important, etc.
6. Trainers can videotape their training and send the videotapes to the Say It Straight Foundation to receive feedback on their work.
7. Someone at the Say It Straight Foundation is always available to answer questions a trainer may have as they are beginning to implement the training.
8. Three DVDs with Dr. Englander-Golden facilitating trainings are available for trainees to review some of the highlights of the training. 1. Say It Straight- In the Classroom, 2. Say It Straight- Student Support Group, and 3. Say It Straight- Family, Community. The Say It Straight Challenge game is also available.